



## Did you know that £300 million of NHS taxpayers' money is spent every year on unused medicines that are thrown away?

Over £150 million can be saved by preventing medicines waste. That could pay for 53 million extra prescriptions of medicines to help prevent heart attack and strokes.

### Medicines waste can be reduced if we all...

**Open prescription bags in the pharmacy.** If your bag contains unwanted medicines you can return them to the pharmacist, then and there. You can only do this **before** you leave the pharmacy.

**Remember 'don't tick it if you don't need it'.** Only tick the items you need on your repeat prescription. The items will not be removed from your repeat prescription.

**Talk about our medicines.** You can ask your pharmacist to book you a review or ask your GP practice to book you an appointment with their practice pharmacist.

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**Everyone has a part to play to reduce medicines waste**

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