

Ramadan and the Covid-19 vaccine

Ramadan is due to start on the evening of Monday 12 April 2021 and we urge our Muslim patients not to delay having their Covid-19 vaccine – first or second dose – during the holy month.

The [British Islamic Medical Association](#) has reviewed the analysis of Islamic scholars and confirmed that having the vaccine does not invalidate the fast. The vaccine does not contain pork or other animal, foetal or alcohol products - this reflects the advice of the majority of Islamic scholars that it is permissible. If you are still unsure whether you should have a vaccine during Ramadan, please speak to your local Imam for guidance.

If you are taking prescribed medicines, you should continue taking them during Ramadan, but check with your GP if the doses need to be adjusted or the times that you take them need to be changed.

If you have diabetes and want to fast, please speak to your GP or diabetes nurse about the safest way to do this. Remember that there is an exemption for people with diabetes, especially if you're on insulin or have any medical complications.

Thank You.

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